



Empowerment Through Knowledge

Annual Report 2016

INVESTING IN OUR YOUTH

PSH Burgersdorp Staff
Partners in Sexual Health



PSH Khayelitsha Staff
Partners in Sexual Health



ICONDOMS
ziyafumaneka
apha
simahla
**FREE
Condoms
Available
Here**

PSH Beaufort West Staff



PSH Colesberg Staff



PSH National Office Staff



PSH Kraaifontein Staff



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Partners in Sexual Health (PSH) is an evidence based, non-profit public benefit organisation that provides Sexual and Reproductive Health & Rights (SRHR) services to men, women and particularly the youth.

Our vision is an empowered society on SRHR in South Africa.

STATEMENT BY THE CHAIRPERSON OF THE BOARD



“You may not always have a comfortable life and you will not always be able to solve all the world’s problems at once, but don’t ever underestimate the importance you can have because history has shown us that courage can be contagious and hope can take on a life of its own.”

- Michelle Obama -

PSH is now a well-established organisation which is in its eighth year of functioning. It continues to grow and is now present in at least four provinces, namely the Western Cape, Northern Cape, Eastern Cape and Free State provinces. The growth has partly been attributed to PSH becoming an associate member of the International Planned Parenthood Federation (IPPF) as a result of which we are expecting to also have a presence in other provinces soon.

In spite of some enormous financial challenges we have endured during the past financial year, we continue to consolidate our position as a leader in the implementation of sexual and reproductive health and rights programmes amongst most-at-risk populations in disadvantaged communities, especially amongst the youth. All of this hard work would not have been possible without the dedication by the staff under the wise and able leadership of Mrs Patsy de Lora, the Founder & CEO, since our founding about 8 years ago. Thanks are also due to the Board of Directors members for providing good strategic and fiduciary oversight as well as sticking with the organisation through thick and thin. We are therefore very proud to present this, our seventh annual report.

The report documents the various projects that PSH has undertaken during the last financial year. We hope that the readers of this report including members of the community and our funders, as well as potential funders alike will be impressed by how much we have been able to achieve during the past financial year.

We would therefore like to thank our funders, especially at national and provincial levels of government, as well as IPPF for their ongoing support of our work which contributes towards the wellbeing of our fellow citizens. Finally, we would also like to thank all the communities that we work with for allowing us to work with them to help resolve and/or mitigate the impact of some of the sexual and reproductive health issues and rights affecting them including HIV/AIDS.

Sincerely

A handwritten signature in black ink, appearing to read 'Leickness Simbayi', written in a cursive style.

Prof Leickness Simbayi

Chairperson of the Board of Directors

STATEMENT BY THE CHIEF EXECUTIVE OFFICER

During 2015/2016, Partners in Sexual Health (PSH) did not lose sight of the commitments we made when we opened our doors in 2009. Investing in the Youth! PSH launched the first Sexual and Reproductive Health and Rights (SRHR) Youth Network in South Africa, called the Siyakwazi Youth Network. Siyakwazi means “We Can” therefore the Network is trending amongst the youth on social media with ‘#BecauseWeCan’.

I am proud to share this report which will illustrate the achievements we made over the past year in the field of SRHR across South Africa. Not only did we reach the marginalised communities in rural towns, but ensured that vulnerable and key populations are included in our approach. The impact stories we share in this report is evident that with innovation, education, support and a touch of “charisma” we can change people’s lives for the better.

I also want to take the opportunity to thank the PSH Board of Directors who is volunteering their time to be the backbone of this organisation and for their valuable support to achieve our vision:

“An Empowered Society on Sexual and Reproductive Health and Rights”

My sincere thanks to all PSH staff who showed their unselfish commitment to

the cause of PSH, without them all of this would not be possible. Thank you!!

Our Stakeholders and Funders, who supported Partners in Sexual Health during the past year, PSH salutes you!

Last but not least, to all the Youth of South Africa, PSH is proud to Invest in You.

Warmest regards



Patsy de Lora

Founder and Chief Executive Officer

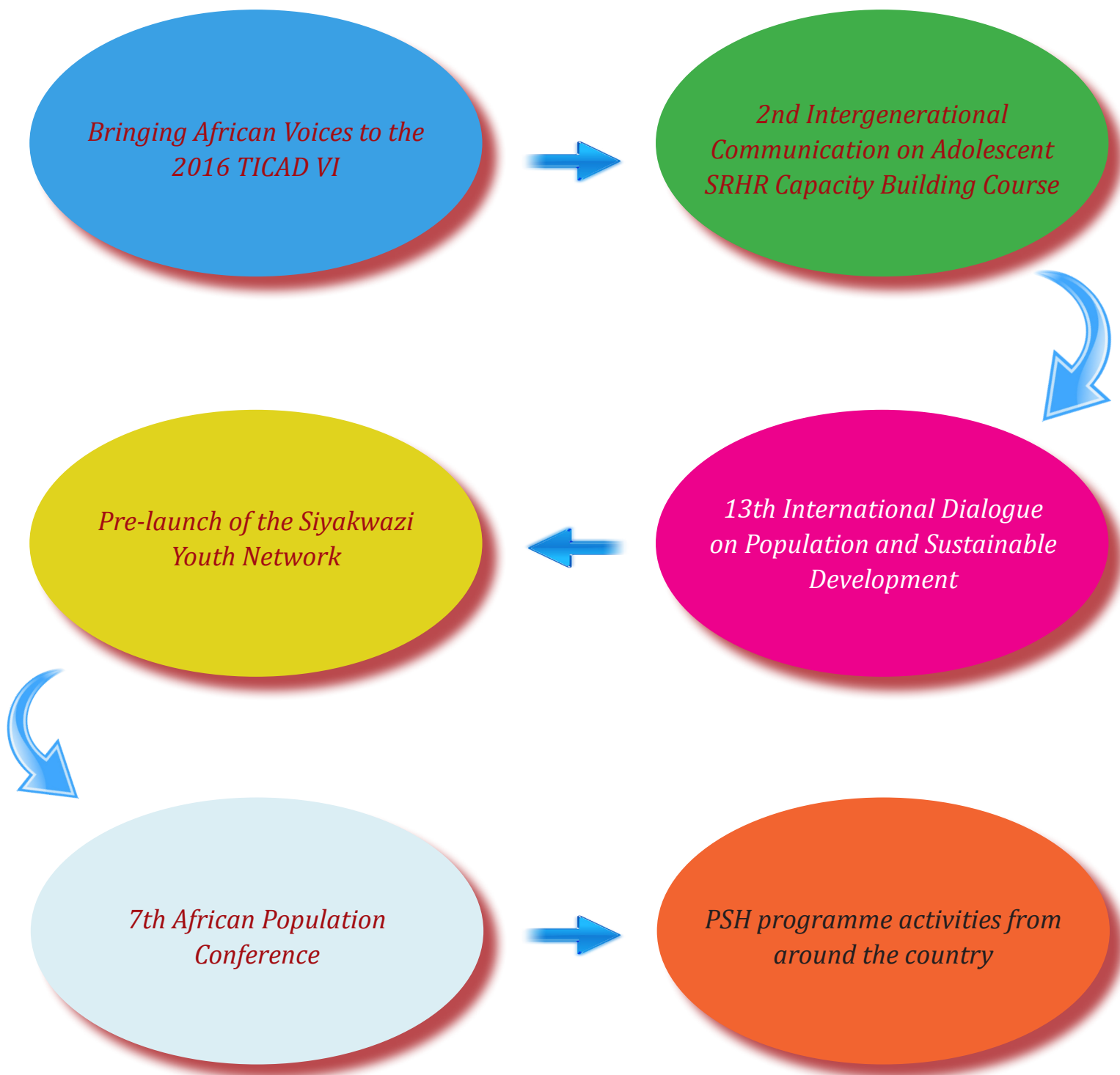


“A positive thinker sees the invisible, feels the intangible and achieves the impossible.”

- Anonymous -

A Year in Review



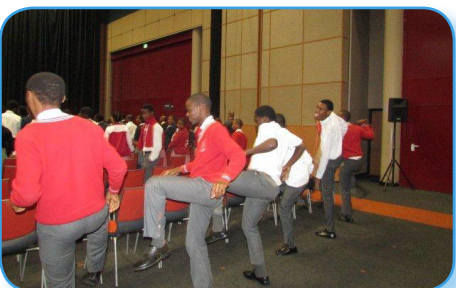




7th SA AIDS Conference



7th SA AIDS Conference



7th SA AIDS Conference



7th SA AIDS Conference

7th SA AIDS Conference: Reflection, Refocus and Renewal

Partners in Sexual made valuable contributions at the 7th SA AIDS Conference at the International Convention Centre in Durban after receiving funding from the International Planned Parenthood Federation Africa Region (IPPFAR) to attend the event from 9-12 June 2015.

Apart from attending sessions the PSH delegation were also speakers at a Youth session and manned our own PSH-IPPFAR Exhibition stall.

The South African AIDS Conference, held every 2 years, has become an established barometer of the advances made in confronting and controlling HIV infections, in South Africa and in the regional states. As Africa has experienced the epidemic in a particularly vivid way, the continent accounts for the majority of new HIV infections, with sub-Saharan Africa having the global burden of this disease.

The importance of the lessons and events discussed at the conference can be applied throughout the world. There is no doubt that the immediacy of learning from the centre of the worldwide pandemic at the ICC in Durban instilled a breadth of knowledge and a sustained image of the effects of one of the worst epidemics to have affected humanity.

From the reports of previous conferences or through attending the conferences,

delegates were exposed to new data and information, and new narratives on HIV/AIDS as well as reflection and critique. The critical developments in epidemiology, social history, prevention interventions, and treatments available were presented and debated along with ideas about what might and might not work in prevention and treatments.

Delegates also gained insight into some of the advances made in the key elements of this disease reported throughout the world.

PSH facilitates 2nd Intergenerational Communication on Adolescent SRHR Capacity Building Course

PSH facilitated an Intergenerational Communication on Adolescent Sexual and Reproductive Health and Rights Capacity Building Course for 50+ participants in partnership and funded by the Department of Social Development's (DSD) National Population Unit.

Adolescent and young people represent the future of every society. Adolescence is also the time when puberty takes place, when many young people initiate their first romantic and sexual relationships, when risk-taking is heightened and 'fitting' in with peers becomes very important. It can also be a challenging time for young people, who are becoming aware of their sexual and reproductive rights and needs, and who rely on their families, peers, schools and health service providers for affirmation, advice, information and the

skills to navigate the sometimes difficult transition to adulthood. This transition may catalyse a range of challenges including HIV infection, other sexually transmitted infections (STIs), unintended pregnancy, low education attainment or dropping out of education and training.

The Intergenerational Communication on Adolescent Sexual and Reproductive Health and Rights capacity building course aimed to enhance the knowledge and understanding of adolescents, parents and leaders from civil society on how to deal with these challenging situations.

After decades of programming to improve adolescent sexual and reproductive health (ASRH), it has become increasingly clear that strengthening access to, and the quality of, services does not alone suffice to improve health outcomes. The sexual and reproductive health (SRH) of adolescents is strongly influenced by a range of social, cultural, political, and economic factors and inequalities. These factors increase adolescents' vulnerability to SRH risks (e.g. unsafe sex, sexual coercion, early pregnancy) and pose barriers to their access to SRH information and services. Addressing these underlying determinants by working with various stakeholders such as parents, community members, and policy makers, is essential for adolescents to realise their SRH and human rights. Such an approach is commonly referred to as building an enabling environment.

It is envisaged that through building an enabling environment so that adolescents can realise their SRH and human rights requires interventions that work at multiple levels with adolescents, with families, with communities and at societal level.

13th International Dialogue on Population and Sustainable Development

PSH's CEO attended and provided critical input at the 13th International Dialogue on Population and Sustainable Development in Berlin, Germany.

The objective of the 13th International Dialogue on Population and Sustainable Development was to identify the key issues emerging from the newly adopted 2030 Agenda for Sustainable Development and, looking forward, what this holds for advancing SRHR as a key dimension of international development.

There was a two-part discussion, dedicating the first half-day to taking stock of processes that have led to this point. The second day was dedicated to strategising around how to best use the 2030 agenda, including:

- Monitoring and accountability mechanisms for advancing SRHR, including the future role of the
- UN Commissions on the Status of Women (CSW) and on Population and Development (CPD) in this regard.
- Mechanisms to secure funding for SRHR.



2nd Intergenerational Communications on ASRHR



2nd Intergenerational Communications on ASRHR



2nd Intergenerational Communications on ASRHR



13th International Dialogue on Population and Sustainable Development



Pre-launch of the Siyakwazi Youth Network



Pre-launch of the Siyakwazi Youth Network



Pre-launch of the Siyakwazi Youth Network



7th African Population Conference

- Measuring things that matter – identifying key indicators of progress, existing knowledge gaps, and increasing collection of robust data to better understand links between improved SRHR and gender empowerment and equality.

The 13th International Dialogue on Population and Sustainable Development provided a uniquely timely and relevant opportunity for stakeholders working on SRHR to take stock of the results of the UN summit on post-2015, assessed whether critical issues mentioned in the Berlin Call to Action were adequately reflected in the 2030 Agenda and identified immediate and longer-term implications for positioning SRHR as a development priority.

Pre-launch of the Siyakwazi Youth Network

Empowering youth, promoting social change! South Africa is faced with a challenge of youth inclusion when it comes to issues of Sexual and Reproductive Health and Rights. In recognition of the importance of meaningful and effective youth participation in the SRHR agenda, Siyakwazi Youth Network was formed.

Youth as civil society activists have the power to be significant agents of positive change. The network will produce a generation of youth advocates and leaders in Sexual and Reproductive Health and Rights (SRH&R). The

Siyakwazi Youth Network is an initiative by Partners in Sexual Health (PSH) in partnership with National Population Unit (NPU) & Provincial Population Units: located in the national and provincial Departments of Social Development (PPU) and National Youth Development Agency (NYDA).

The Siyakwazi Youth Network was successfully pre-launched in Clarens in the Free State on 14th November 2015.

The Siyakwazi Youth Network is our featured story in this Annual Report therefore see a more detailed article on pages 30 to 33

7th African Population Conference

The Union for African Population Studies (UAPS) is a Pan-African non-profit scientific organisation. Established through the initiative of the United Nations Economic Commission for Africa (UNECA) by the Third General Conference of African Demographers, Statisticians and Planners held in Addis Ababa in March 1984, in order to promote the scientific study of population in Africa.

The seventh African Population Conference was jointly hosted by the Government of South Africa and the Union for African Population Studies (UAPS) between 30 November and 4 December 2015 on the theme: “Demographic Dividend in Africa: Prospects, Opportunities and Challenges”.

Programme Activities from around the Country

Every year PSH places a specific emphasise on events celebrated nationally. In 2015 PSH offices pulled all its resources together to celebrate National Youth Day and National Women's Month as a collective instead of individually.

Celebrating Youth Day in Beaufort West

PSH consolidated its annual Youth Day Celebrations on 16 June 2015 into one celebration in the beautiful town of Beaufort West in the Western Cape.

This year's theme was Teenage Pregnancy and included a range of topics and activities including: Support to teenage parents; Teenage pregnancy prevention; Statutory rape/legal issues concerning pregnancy; The impact teenage pregnancy has on teen parents and concluded with a debate on Teenage Pregnancy by learners from different high schools.

Our list of attendees and guest speakers included members from the Beaufort West community & surrounding areas, Local Municipality, Department of Justice, Local & National Government and Health Professionals.

The keynote speaker for the day was Mr. Jacques van Zuydam, Chief Director, National Population Unit from the Department of Social Development.

Women's Month Celebrations in Saldanha Bay

PSH's Out of School Youth Project celebrated Women's Month on 22 August 2015 in the community of Saldanha Bay in the West Coast area.

This was our first formal event in the Saldanha Bay community and the appreciation for our work in this community was evident as the event was well attended.

The overall theme of the event was: Young Women: Intimate Partner Violence and Sexual Gender Based Violence ■



Celebrating Youth Day in Beaufort West



Celebrating Youth Day in Beaufort West



Women's Month Celebrations in Saldanha Bay

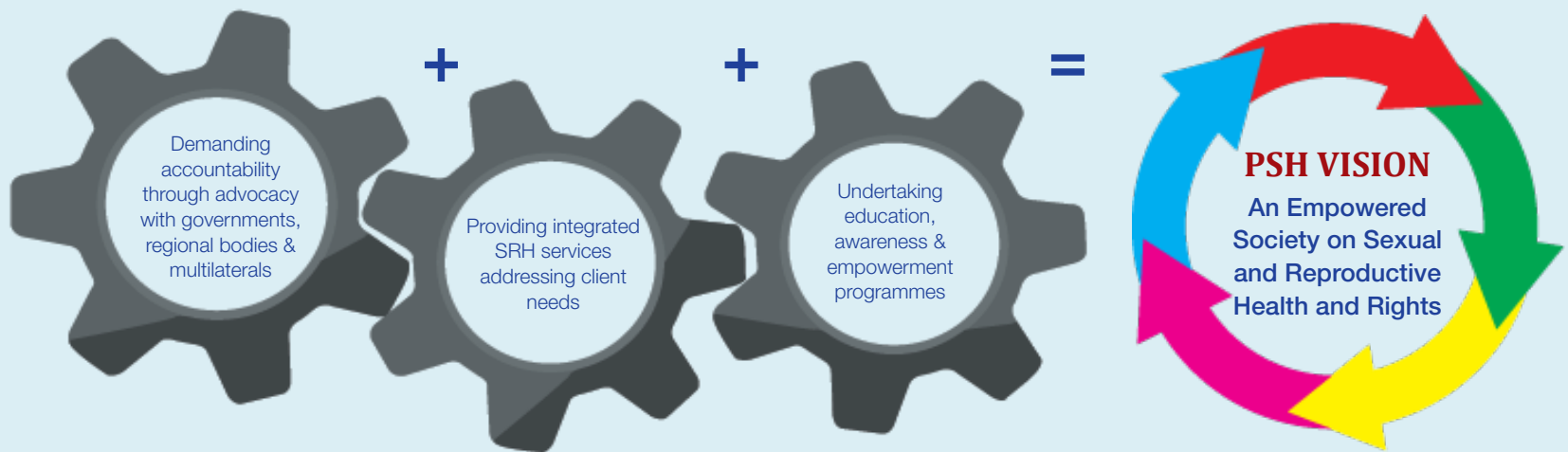


Women's Month Celebrations in Saldanha Bay



Strategic Direction

Partners in Sexual Health (PSH) is an evidence based, non-profit public benefit organisation that provides Sexual and Reproductive Health & Rights (SRHR) services to men, women and particularly the youth.



MISSION

Implementing and Advocating for Sexual and Reproductive Health and Rights Programmes - particularly for young people - sharing experiences, good practices and enhancing partnerships.

OBJECTIVES

1. To strengthen partnership and intersectoral collaboration in the field of Sexual and Reproductive Health, including HIV/AIDS.
2. To improve sexual health intervention programmes that are practical and cost effective.
3. To share evidence based good practices and results orientated experiences amongst partners.
4. Conducting evidence based advocacy for sound policies and programmes in the promotion of Sexual and Reproductive Health and Rights.

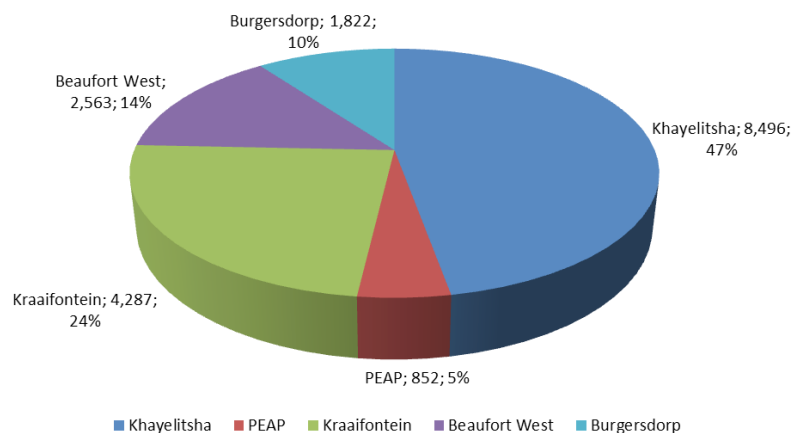
Partners in Sexual Health

021 922 6377



Programme Snapshots

Breakdown of HCT Clients Reached per Area



18 020

clients were reached who tested for HIV

852

clients were reached who tested for HIV in the overall government departments

577 169

male condoms were distributed



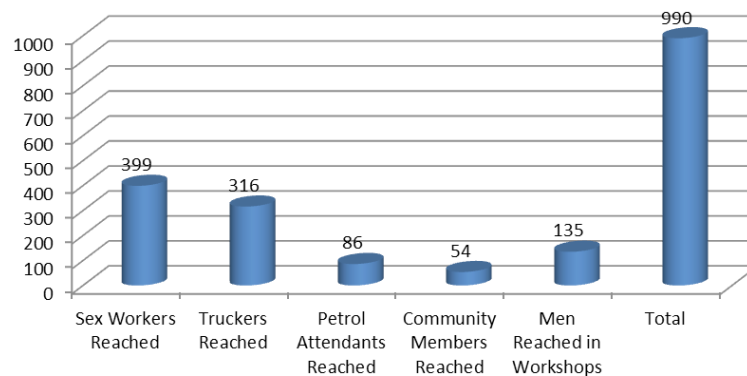
TEENAGE
PREGNANCY
& TEEN PARENTING

479

reached



Victim Empowerment Project (VEP)





2 089

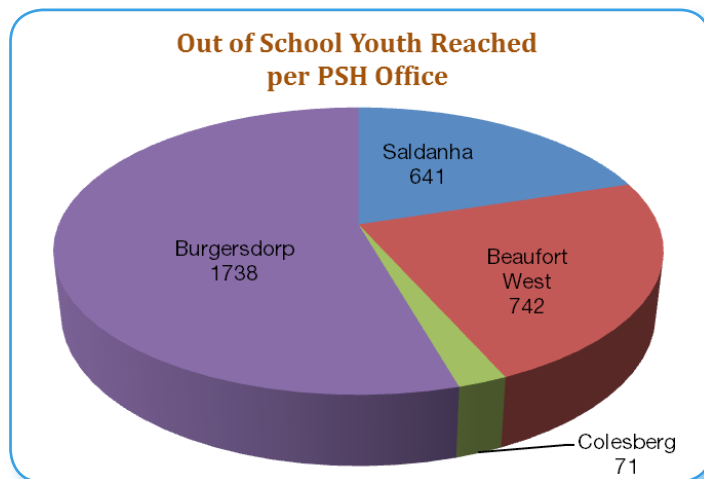
youth reached in our youth friendly clinics

2 111

in school youth reached

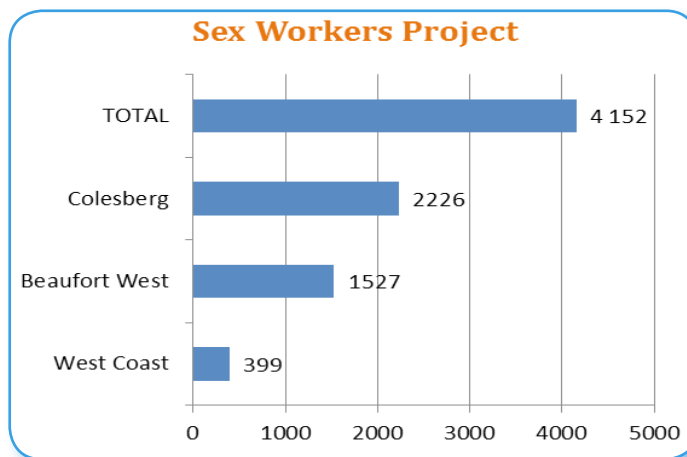
3 192

out of school youth reached



12 224

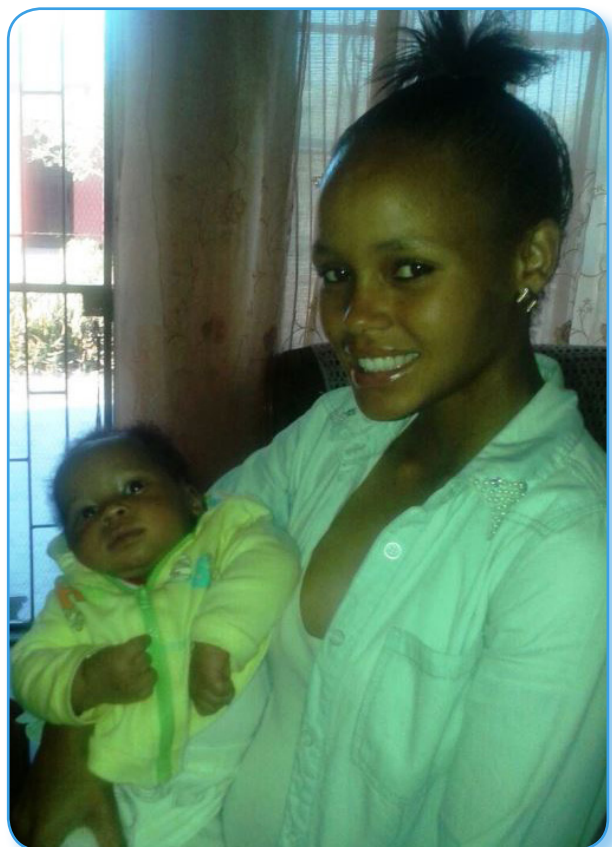
truckers reached



Teenage Pregnancy and Teen Parenting Project

479

teen parents were reached



Robyn-Leigh McPherson with baby Rushan after birth

Teenage pregnancy is increasing at an alarming rate in South Africa. When young people get pregnant, it could only mean that they did not use any form of contraceptive. In the era of HIV&AIDS, it also means that they were engaging in unsafe sex.

When exploring knowledge of, access to, and use of contraceptives, PSH found that many teenagers have a basic knowledge about contraceptives; however, many report limited knowledge and inconsistent and incorrect use of contraceptives.

It is for these reasons that PSH embarked on a teenage pregnancy and teen parenting project in 2012.

We empower teenage parents (young mothers and fathers) and pregnant teenagers with parenting skills and support. Additional to this, PSH puts a strong focus on prevention of teenage pregnancy by providing education on sexuality, contraceptives, gender based violence, life-skills, alcohol and drug abuse.

As part of our comprehensive youth services, we provide youth with access to our Youth Friendly Clinics for their sexual and reproductive health needs and refer them to their nearest clinic for services beyond our scope.

We also include training sessions for the parents of the teen parents to educate and capacitate parents with communication skills to interact with youth about abstinence, sexual and reproductive health and HIV prevention.

Evidence shows that youth who engage in ongoing dialogue with their parents about sexual issues, are more likely to postpone early sexual debut, practice safe sex, and develop into sexually healthy and responsible adults.

During this reporting period a total of 479 teen parents were reached ■

Story of Change

Teenage Pregnancy and Teen Parenting Project

Good day everybody,

I am 18 years old and currently in matric at Bastiaans Secondary School in Beaufort West.

I met the PSH Teenage Pregnancy and Teen Parenting counsellors while I was pregnant with my son and since then I have learned a lot to be a responsible teen parent. The PSH counsellors also encouraged and supported me to go back to school and complete my matric year therefore I will be matriculating in November 2016!

I would like to thank our Heavenly Father for bringing me to this point in my life and also thank PSH for being by my side every step of this journey.

I wish PSH all the best with their future endeavours.

Warmest Regards,

*Robyn-Leigh McPherson
Beaufort West*



Robyn-Leigh with members of the PSH Teenage Pregnancy & Teen Parenting Team



Robyn-Leigh at her Matric Ball with her partner

Non-Medical Sites HCT Project

18 020

clients were reached who
tested for HIV

852

clients were reached who
tested for HIV in the overall
government departments

577 169

male condoms were
distributed

One of the primary ways of shaping the behavioural lifestyle of people during this era of HIV and AIDS is to establish their HIV status.

PSH's Non-Medical Sites are manned by Professional Nurses and Youth Lay Counsellors to provide HIV Counselling and Testing (HCT) to the larger communities with a bigger focus towards youth.

Our services at these sites include screening for high blood pressure, diabetes, sexual transmitted infections (STIs), Tuberculosis (TB) and testing for pregnancy. We also conduct community outreaches as part of

our strategy to bring HCT to the doorsteps of the communities.

Our HCT services are considered one of the best; therefore PSH will expand these services to more communities in South Africa.

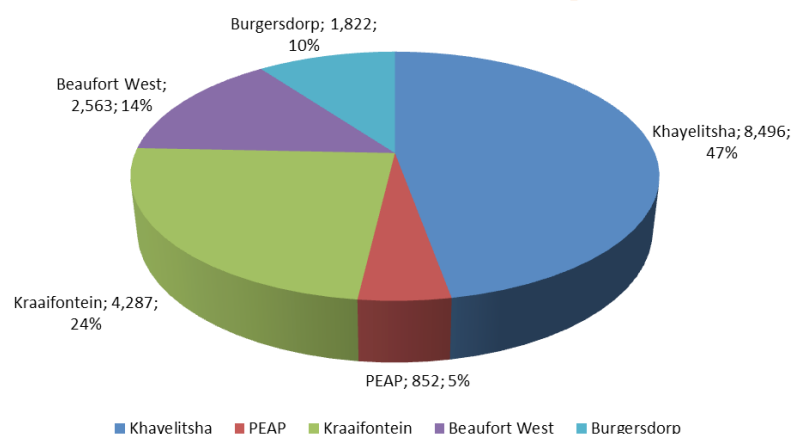
The services are offered in Khayelitsha and Kraaifontein in the Metro District, Beaufort West in the Central Karoo District, and Burgersdorp in the Eastern Cape Province.

We also provide HCT services to government employees.

Between April 2015 to March 2016 PSH Non-Medical Sites HCT conducted 312 outreaches to schools, companies and institutions and reached 18,020 clients who tested for HIV and in the overall government departments, 852 clients tested for HIV. A total of 577,169 condoms were distributed.

The challenges faced by PSH includes; government workers' unwillingness to test for HIV. Other challenges include bad weather, crime and violence since the teams use gazebos for outreaches and this has a negative impact on service delivery ■

Breakdown of HCT Clients Reached per Area





In School Youth Project

2 111

in school youth were
reached which included

1 179

female learners

932

male learners

PSH serves young people with Sexual and Reproductive Health & Rights (SRHR) and HIV/AIDS services within schools. Over the years, the organisation has recruited and trained learners as Peer Educators, who in turn impart valuable education and information to their peers in schools and beyond.

The project focusses on grade 8 and grade 10 learners, targeting them with well-structured SRHR & HIV/AIDS messages and life-skills. We have learnt over the years that learners

relate better to their peer driven interventions.

During this reporting period a total of 2,111 in school youth were reached by PSH which included 1,179 female learners and 932 male learners

The SRHR workshops were delivered successfully and the beneficiaries were well informed on SRHR topics ■



Story of Change

In School Youth Project



Dear reader

I am 14 years old and a grade 8 learner at Eureka Primary School.

I am very thankful for PSH's staff who taught us to protect ourselves against sexually transmitted infections and HIV. I didn't know there are so many diseases in this world and I would be happy if PSH inform our whole community about this.

PSH's staff prepared us to value our bodies and lives and to make smarter decisions.

Thank you to all PSH staff.

Johannes Swanepoel

Burgersdorp

Out of School Youth Project

3 192

out of school youth were
reached

8

youth assisted to go back
to school in Colesberg to
complete their matric

Out of school youth, especially those unemployed, are at higher risk of contracting HIV/AIDS and are most vulnerable to early and unwanted pregnancies. As a response to their vulnerability, PSH initiated an Out of School Youth Project. This project focusses on imparting information and education to out of school youth on Sexual and Reproductive Health & Rights (SRHR) and HIV/AIDS.

Our approach has been to recruit and employ matriculated young people as Peer Advisers. The recruits are selected from those who were trained as peer educators when they attended high school. These young people in turn educate their peers in their respective communities. This methodology has two main benefits, first it provides part time

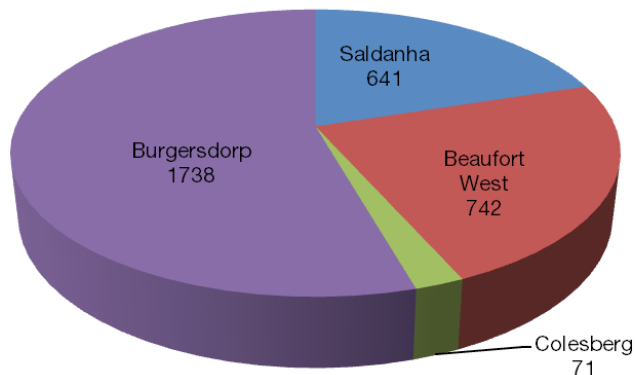
employment to the unemployed youth, and secondly it utilises the skills of young people already trained as Peer Educators during their school years.

Each month out of school youth are trained on a selected SRHR topic in line with South Africa's health calendar. This ensures that the Peer Advisers are abreast of any new developments within the SRH and HIV field.

A total of 3,192 out of school youth were reached by PSH in Saldanha in the West Coast, Beaufort West in the Central Karoo District, Colesberg in the Northern Cape and Burgersdorp in the Eastern Cape Province.

PSH staff assisted 8 out of school youth, who wanted to finish their matric, to enrol at the Adult Basic Education and Training (ABET) school in Colesberg ■

**Out of School Youth Reached
per PSH Office**



Story of Change

Out of School Youth Project

Hello everyone,

I am 35 years old and live in Colesberg but I am originally from the Eastern Cape.

After I failed matric I dropped out of school since I thought I was too old to go back to school. I stayed at home, started drinking a lot of alcohol and also became a mother.

During that time I met a PSH peer motivator who encouraged me to attend workshops and also become a PSH volunteer. At PSH I could immediately see that I was at a good place and the training I received on sexual health issues helped me to become a better person.

I like volunteering at PSH since I can share the knowledge I have been given to others in our communities. Hopefully I can do this on a more permanent basis because PSH is doing so much good work in communities.

All the best for the future.

*Bonelwa James
Colesberg*

Youth Friendly Clinics



PSH is running Youth Friendly Clinics with the aim of promoting and encouraging quick access to comprehensive Sexual and Reproductive Health (SRH) services including HIV.

PSH clinics provide SRH education and information, family planning, diagnosis and treatment of sexually transmitted infections (STIs), pregnancy testing, education on termination of pregnancy and provision of male and female condoms.

One of the ways of creating a safe space for the Youth, whether in school or out of school, is to allow them to spend time at the clinic and keep them busy productively when they need to get away from problems at home.

Our Beaufort West staff has mediated cases of domestic violence with successful outcomes after the affected youth felt safe enough to confide in them at the clinic.

All services at the Youth Friendly Clinic are free and much needed in the communities we serve. Our clinics are open from 8am until 5pm from Monday to Friday and are run by Qualified Professional Nurses.

PSH was able to provide services to 2,089 young people within PSH clinics, particularly in Burgersdorp from April 2014 till March 2015 ■

2 089

young people received services in PSH clinics,
particularly in Burgersdorp from April 2014 till
March 2015

Story of Change

Youth Friendly Clinics

Dear Sir/Madam

I am part of the 'Out of School' programme that is being offered by the PSH Youth Clinic in Burgersdorp since 2014. I have also taken part in the various workshops that were held and due to my active presence I was invited to experience the Siyakwazi Youth Network pre-launch in Clarens in the Free State in 2015.

The Partners in Sexual Health Clinic has made a huge impact in my life with the amount of information I have gained through the workshops and the quality counselling I was given before and after testing which was confidential and professional.

I am happy to refer my peers and advise them on things I have learned and also encourage them to visit the clinic more often as I have been doing.

It is a great initiative to have such a clinic for the youth and I am grateful to be a part of it.

Sincerely,

*Silindisiphe Sobekwa
Burgersdorp*

Sex Workers Project



Our Sex Workers Project started in 2010. At the end of October 2013, this project expanded rapidly, reaching more Sex Workers in South Africa with prevention interventions. The Sex Workers Project is driven by the needs of Sex Workers and puts the Sex Workers at the centre of this project.

This project ensures that Sex Workers have access to male and female condoms, HIV Counselling and Testing and SRHR information and education. It also ensures that the human rights of Sex Workers are not violated by Gate Keepers such as police, pimps and law makers.

Through Risk Reduction workshops, Sex Workers are educated on alcohol and drug abuse and negotiation skills. These sessions

also provides a platform for Sex Workers to exchange and share their experiences and thereby learning from each other.

PSH managed to reach 4,152 sex workers in Saldanha, Klawer, Trawal, Atlantis, Beaufort West and Colesberg (including Hanover).

PSH oversees that the Sex Workers are issued with the Red Umbrella condoms provided by the Global Fund Programme, and managed to distribute 105,315 Red Umbrella and Department of Health condoms with the aim of lowering the high rate of HIV prevalence.

We are proud to report that our staff encouraged and supported two Sex Workers, aged 15 and 16 years old from Klawer, to return to school ■

4 152

sex workers reached

105 315

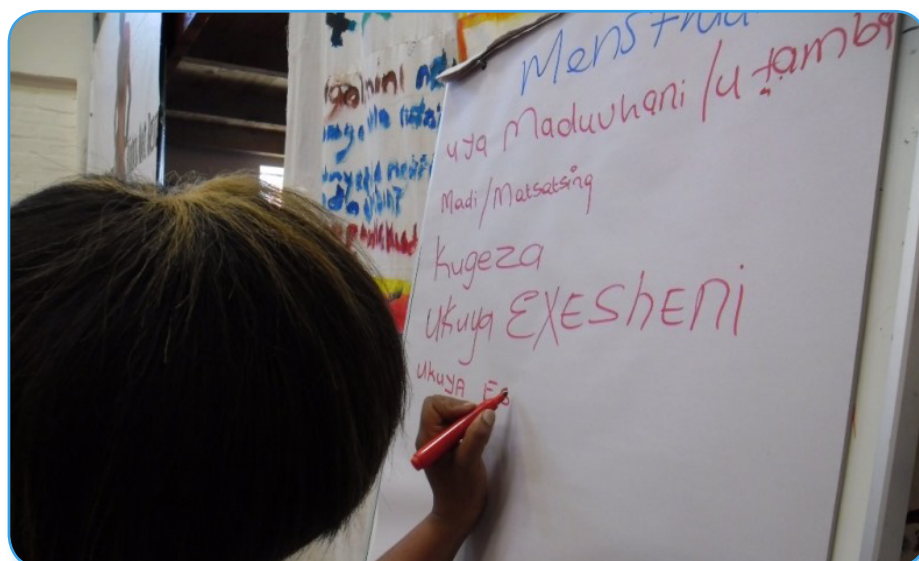
condoms distributed
amongst sex workers in
Colesberg (incl. Hanover)

360

sex workers attended

11

risk reduction workshops in
Colesberg (incl. Hanover)



Story of Change

Sex Workers Project

Hello everyone,

I am 27 years old and a sex worker from Colesberg.

I would like to thank all PSH workers who changed my life by making such a good impact on me. At PSH I learned a lot about protecting myself from STIs, HIV/ AIDS, TB and the proper use of condoms.

I was going through a lot of bad things and had nowhere to turn but the first time I met a PSH peer motivator who came and talked to me, I immediately felt happy and could see that someone cared about me.

I was invited to a workshop with other sex workers where we treated each other with respect and learned from each other's experiences. The services provided by PSH are excellent, the staff is friendly and I feel like I have a second home with caring family members.

Other sex workers became curious about this happy change in me so I introduced them to PSH. They started to attend the workshops and their lives have also changed.

I want to thank PSH for all the good work they are doing; the information they share with us and the services they render are very valuable. I am very proud of PSH and will become a volunteer at PSH.

*Thembakazi Mei
Colesberg*

Truckers Project



8 325

truckers reached between
the N1 and N7 national
roads

The purpose of this project is to provide truckers with comprehensive Sexual and Reproductive Health & Rights (SRHR) education, including HIV/AIDS education. PSH HIV Counselling and Testing (HCT) teams visit truck stops regularly and provide free and confidential HCT services to the truckers and their helpers.

We reach truckers through petrol attendants and field workers that are trained as Peer Educators. These foot soldiers conduct one-on-one talks with truckers at designated truck stops. HCT services include screening for high blood pressure, diabetes, sexually transmitted infections (STIs) and Tuberculosis (TB).

Our organisation distributes more than a half a million pieces of condoms per annum to the trucking community.

Over the past 7 years, PSH has managed to build strong a relationship with the trucking community, serving more than 8 000 truckers and their helpers per year. The plan is to expand this intervention and reach more truckers throughout South Africa. This follows an impact assessment survey commissioned by PSH among long distance truckers.

For the period under review, a total of 8,325 truck drivers were reached between the N1 and N7 national roads ■



Victim Empowerment Project

The Victim Empowerment Project's (VEP) objective is to assist and empower Sex Workers who are victims of sexual abuse, sexual exploitation, trafficking and other human rights violations. It is generally known that Sex workers are at a higher risk of being victims of human trafficking and intimate-partner violence. PSH's Victim Empowerment Project was initiated with the aim of targeting sex workers and truck drivers. The project also targets the truck drivers' part in enabling or preventing human trafficking.

The project's strategy is to position the sex workers as trained Peer Educators to reach out to other sex workers, while communicating human trafficking protection and prevention messages. Petrol Attendants are deployed to reach out to truck drivers. 316 truckers, 399 sex workers and 86 petrol attendants were trained as peer educators in the West Coast and Beaufort West regions. This has had a significant impact on the safety of the sex workers within this region.

In the period of its existence, the project managed to build a strong relationship and trust between PSH and sex workers. PSH provides a safe space for sex workers who have suffered abuse, sexual abuse and exploitation. The group sessions consist of

discussions around topics such as healthy and unhealthy relationships, making smart decisions, identifying unsafe situations, unintended pregnancies and other related SRHR issues. The aim of these workshops was to scale up comprehensive sexuality education for truck drivers and sex workers as beneficiaries of the programme ■

399

sex workers were reached

316

truckers were reached

86

petrol attendants were reached



The Siyakwazi Youth Network

a PSH initiative





The Siyakwazi Youth Network is creating awareness amongst the Youth that they have rights and control over their own bodies and provide them with the correct and unlimited information on Sexual and Reproductive Health and Rights so that they can make informed, smarter and healthier lifestyle decisions.

Empowering Youth, Promoting Social Change!

South Africa is faced with a challenge of youth inclusion when it comes to issues of Sexual and Reproductive Health and Rights (SRHR). In recognition of the importance of meaningful and effective youth participation in the SRHR agenda, the Siyakwazi Youth Network was formed.

Youth as civil society activists have the power to be significant architects of positive change. The network will produce a generation of youth advocates and leaders in Sexual and Reproductive Health and Rights (SRHR). The Siyakwazi Youth Network is an initiative by Partners in Sexual Health (PSH) in partnership with the National Population Unit (NPU) & Provincial Population Units (PPU), located in the national and provincial Departments of Social Development (DSD), and National Youth Development Agency (NYDA).

The Network will improve the Sexual and Reproductive Health and Rights outcomes of young people to meaningfully engage as active citizens, particularly in decision-making relating to SRHR. The focus will be on creating a platform for dialogue by young people in SRHR in order to increase their understanding of SRHR issues and have a collective voice.

This will lead to Youth's representation at all key processes in order to influence policy direction and provide leadership on key SRHR issues. It will also develop and capacitate a group of young leaders within the field of SRHR from all 9 provinces in South Africa, who are able to critically analyse and interrogate policies and engage on SRHR advocacy matters at policy level in their respective provinces.

In addition, the Siyakwazi Youth Network will create and sustain mentorship and coaching for the participants during training in the execution of provincial specific advocacy plans and initiatives. These activities will be conducted at different tiers namely: national, provincial, districts and municipal levels, in order to share experiences between provinces and support regional integration.

The Siyakwazi Youth Network's Operational Framework is in line with the objectives of the International Planned Parenthood Federation's (IPPF) Operational Strategy on Youth and with the UN System-wide Action Plan on Youth (SWAP).

At National level, Siyakwazi Youth Network supports the National Adolescent Sexual Reproductive Health and Rights Framework Strategy adopted by Cabinet in February 2015. It is also in line with the action plans of Partners in Sexual Health.



Siyakwazi Youth Network members receiving SRHR training

“We should not learn about issues affecting our bodies like menstruation, sex, alcohol and drug abuse when we get to high school. We are exposed to these issues at a very young age and if we know early on about these issues and how to deal with it, then we will be better prepared to make better choices.”

– Siyakwazi Youth Network Member at the pre-launch in the Free State –



Minister Bathabile Dlamini (front right) with: Bibiane Mbaye of IPPFARO (back left corner); the CEO of PSH, Patsy de Lora (back 2nd from left); and Jacques van Zuydam, Chief Director of National Population and Development (back right corner) at the launch of the Siyakwazi Youth Network

The Siyakwazi Youth Network was successfully launched in Port Elizabeth on Friday, 22 July 2016 during the Department of Social Development's release of the World Population Report by Minister Bathabile Dlamini in partnership with The United Nations Population Fund (UNFPA).

During the launch the Network's active members had their voices heard on a National Level by the Minister of Social Development. Through participation at youth camps, where Network members were trained on SRHR issues, they were able to identify key social issues they face in their daily lives. The two most prominent issues that were raised were Teenage Pregnancy and Substance Abuse.

During the launch of the Network the Youth were able to voice these issues to Minister Dlamini who promised that she will address it with the appropriate stakeholders. This promise was inscribed on a pledge banner and signed by all Youth members and the Honourable Minister herself ■

"Nothing happens for us without us. A network for the Youth by the Youth."

- Siyakwazi Youth Network Members -





SIYAKWAZI ^{hSoka} YOUTH NE

for us by us



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4-5 Star
Strategic out of
the box idea

Statement of Financial Position

PARTNERS IN SEXUAL HEALTH

NPO Registration No. 067-206

Statement of Financial Position for the year ending 31 March 2016

	Notes	2016 R	2015 R
Assets			
Non Current assets		297 687	397 389
Property, plant and equipment	2	297 687	394 735
Intangible Assets	3	-	2 654
Current assets		487 075	628 014
Cash and cash equivalents	5	165 280	355 180
Trade and other receivables	4	321 795	272 834
Total assets		<u>784 762</u>	<u>1025 403</u>
Net assets and liabilities			
Capital and reserves			
Accumulated funds		372 341	883 098
Non-current liabilities			
Finance lease obligation	14	21 075	28 205
Current liabilities		391 346	114 100
Finance lease obligation	14	7 130	6 486
Trade and other payables	6	384 217	107 614
Total net assets and liabilities		<u>784 762</u>	<u>1025 403</u>

Statement of Consolidated Income

PARTNERS IN SEXUAL HEALTH

NPO Registration No. 067-206

Statement of Consolidated Income for the year ending 31 March 2016

	2016	2015
Income		
Funding	5 726 837	5 925 746
Donations	322 000	315 000
Other Income	60 649	20 500
	<u>6 109 486</u>	<u>6 261 246</u>
Expenditure		
Employee expenses	4 236 536	3 858 920
Depreciation	129 664	106 839
Other Expenses	2 254 044	1 756 824
	<u>6 620 244</u>	<u>5 722 583</u>
Net (Deficit)/Surplus for the year	<u><u>(510 757)</u></u>	<u><u>538 663</u></u>



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